

ISOLATERAL ROW

JPL-141

- ◆ Dual position handles for increased size adaptability and variation in muscle isolation. Multiple-position handgrips provide close/wide range workout. An rack in pinion adjustable seat and torso support is provided for effective and comfortable workout.

- ◆ **DIMENSION:**
Length : 70 inches / 178 cms
Width : 60 inches / 152 cms
Height : 55 inches / 140 cms

- ◆ **MUSCLE WORKED:**
Erector Spine, Trapezius,
Latissimus Dorsi,
Rear Deltoids & Biceps

